



*Aryze*

# The HealthZone

"Keeping in touch with You"  
May 2005



*Classic Seven*

## **From the Office Zone...**

Greetings from all of us here at *Gifts of Nature*! As we go about fulfilling our mission to improve the health and enrich the lives of others we hope you know how important you are to us. One of the richest men in the world, J. Paul Getty, once said, **"I'd rather have 1% of 100 other people's efforts than 100% of my own."** We are so grateful for all of your efforts. We know that it is through the efforts of our distributors that our wonderful products make it into the lives of others. It is through your efforts that many people's health is being improved and their lives are being enriched. Thank you so much for all you do!

**"Help others get ahead. You will always stand taller with someone else on your shoulders."**

**-Bob Moawad-**

This month we want to emphasize one of our awesome products, *Classic 7*. This great product has been found very effective at relieving the symptoms of PMS, whether from premenstrual or post menstrual syndrome, and offers relief from associated hot flashes. It has been known to relieve the symptoms of depression while creating a feeling of well-being. Our users have stated that *Classic 7* works well as a bowel cleanser and regulator. When using *Classic 7*, some users report incidents of loose bowel elimination. *Buffered Classic 7* was developed to offer relief from this

occasional side effect in persons who are sensitive to one of the nutrients in Aloe Vera contained in regular *Classic 7*. *Classic 7* has been hospital tested and has been proven to reduce cholesterol. It also has been found effective in balancing the Triglycerides and increasing the good cholesterol levels in the body. The doctors who supervised the testing said it might also reduce the risk of stroke and heart attack. This is a fantastic product! If you haven't tried it, or know someone who could benefit from it, we strongly recommend you give it a try.

Give *Classic 7* a try and see if this wonderful product won't help you regulate those hormones and improve your cardiovascular system.

**"Knowing is not enough; we must apply. Willing is not enough; we must do."**

**- Johann Wolfgang Von Goethe -**

**"We must become the change we want to see in the world."**

**- Gandhi -**

## **From the Bizz Zone**

We can often look to our organization and wonder, "why are they not duplicating?" or "Why am I the only one doing anything?" Yet, do we ask ourselves the important question, "Have I been the best example for my team?"

Keep in mind the organization IS duplicating. Most are duplicating keeping busy or non-acting. What about your business? What can you do to create positive duplication in your organization?

While we cannot change other people or make them do what they do not want to do, as a leader we can influence what others do. This influence is what fuels the action or non-action in the organization.

Just as Gandhi says, "We must become the change we want to see in the world", we must become the change we want to see in our organization.

If you want to see positive results, meaning a happy, productive, and duplicating organization, you MUST be willing to lead that change. You MUST be willing to do what others are unwilling to do. You must lead with action and be the example others will and want to follow.

Here is something to think about... If your downline does tomorrow half of what you did today to build your business, what kind of business growth will you have?

By Jeffrey Zalewski

## **Tip of the Month...**

If you look around you and study the success stories of people from all walks of life, you will find that everyone faces

challenges. Everyone experiences failure and defeat. The key to success is to know when and how to learn from our failures.

You are where you are because of you. Therefore, it is only you who can make progress by learning from your failures and defeat. Move yourself forward one step at a time. Stay in constant motion forward and work toward continued improvement.

Do not worry about being perfect because it will never happen. Only improvement can happen.

Never blame others for where you are today. Accept responsibility for where you are and then be accountable to improve and make progress in your business.

**“When you stop blaming circumstances, bad luck, and other people for where you are, you can make progress.”**

- Kenneth Christian, PhD -

*Gifts of Nature* products can be purchased online by visiting our website at [www.zonashealth.com](http://www.zonashealth.com)

You can also contact us by e-mail at:

[giftsofnature@infowest.com](mailto:giftsofnature@infowest.com)

or by phone at: **1-800-529-4715**.

**“A man may fail many times but he isn't a failure until he begins to blame somebody else.”**

- J. Paul Getty -