



Regenazone

The Health Zone

"Keeping in touch with you"

November 2005



Super Aloe

We appreciate the distributors who took the time to respond to our questioner. We are looking forward to hearing from the rest of you who have not yet responded.

Since it is costly to print out all the information we have been sending to you, we would like to know if it has been of any value. We have sent this information hoping it would be useful in helping you to build a down line. It has been my hope and desire that everyone would share the information with enough people that they would make enough money to pay for their products and help others to reap the benefits of improved health.

The soul purpose of *Gifts of Nature* is to help others. I have been impressed by the following article by Sam Levensen.

For attractive lips, speak words of kindness.
For lovely eyes, seek out the good in people.
For a slim figure, share your food with the hungry.
For beautiful hair, let a child run his/her fingers
through it once a day.
For poise, walk with the knowledge that you
never walk alone.
People, even more than things, have to be
restored, renewed, revived, reclaimed, and
redeemed never throw out anyone.
Remember, if you ever need a helping hand, you
will find one at the end of each of your arms.
As you grow older, you will discover that you
have two hands; one for helping yourself,
and the other for helping others.

Cold and flu...

With the beginning of fall and winter comes the cold and flu season. However, you do not need to fall into that trap if you follow some good health rules and regulations. The first rule to good health is a clean healthy digestive and intestinal system. This is accomplished easily with a good diet of fresh fruit, vegetables and 6 to 8 cups of good pure water. Be as conscious of keeping the inside of your body clean as you do on the outside. Along with this comes exercise. This doesn't need to be as vigorous as running or jogging. There are milder exercises for everyone. If you can't walk or stand up to exercise, just try my rocking chair jogging. This is done by sitting on the edge of a chair. Then you lean back to rest your shoulders against the back of the chair and extend your legs out in front of you. You may want to hold on to the seat of the chair to keep your balance unless you use a chair with arms rests on it. In this position you do some scissor motion lifting your straightened leg up and down one at a time being sure to hit the floor with your foot hard enough to get the blood and lymph fluid circulating. End this exercise with some stretches by stretching your arms up above your head and bending over to touch your toes. You can even do this while watching television.

At *Gifts of Nature*, we have some excellent products that help improve digestive and intestinal health. For digestive health, the *Super Aloe* has been very effective. For acid reflux it has been the greatest. It seems as though, in summer we have a tendency to eat more

sandwiches and junk food which fits in with a more relaxed life style of play and vacation. With the cold weather of the fall and winter months, the natural tendency is to eat heavier food like meat and potatoes. Along with all of this we need to be conscious of enzymes. This is the most important nutrient for the digestion and assimilation of the food we eat. This is where the body is breaking down the protein into finer amino acids so it can assimilate them, and also provide nutrients to help the liver and other organs to create the other enzymes that the body manufactures.

Comments: "Recently, I was suffering every day from heart burn. Everything I ate and everything I drank caused exceedingly painful heart burn. I chewed the tablets; I drank some terrible tasting drinks. Nothing and I mean NOTHING, worked. I then remembered that we had a bottle of **Super Aloe** and that I had not tried it. Within one full day my heart burn was gone and has not returned. **Super Aloe** does a GREAT JOB! Try it!" MA

Comments: "For many months I have had severe pain in my neck, Shoulders and back. Pain pills would not ease the pain. On November 16, 1999 I asked my wife to give me a capful of **Super Aloe** and one capful of **Kalmin** in a half glass of water. I take two products three times a day since then and have been able to do manual work that I have not been able to do for many months. I am able to stand straighter and walk better." CW

Comments: "I had been sick for one month when I decided that there was defiantly something wrong with me. That's when I turned to **Gifts of nature** I took the health quiz and realized that I had extremely high scores in the digestive system. Zona looked over the scores and told me to take the **Super Aloe** and **Regenizone**. After 2 weeks I started noticing a change in the way I felt. My acid reflux wasn't nearly as bad. But I wasn't having regular bowl movements. So I increased the amount I was taking. I started eliminating parasites. This continued for 2 months. I feel like a new person and I lost a

total of 8 pounds. Thanks to **Gifts of Nature** for creating such awesome product. JC

Regenezone is a powerful cleanser and support for the entire digestive system. It has been effective in providing relief from ulcerative colitis, crone's disease, hemorrhoids and parasites. Since disease of all kinds feed on toxins, **Super Aloe and Regenizone** can be of great value because they are both ante oxidants and cleansers.

We have been asked to include information on how other distributors use the products and their experiences. If you have an experience you would like to share we would appreciate your contribution.

Happy



Thanksgiving

You can purchase **Gifts of Nature** products by calling us toll free at

[1-800-529-4715](tel:1-800-529-4715) or you can purchase them online by visiting our wonderful website at

www.zonashealth.com

Please contact us by email at:

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